



تمكين  
Tamkene  
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## HABC – LEVEL 1 INTERNATIONAL SAFE MOVING AND HANDLING COURSE

### HABC Approved Course

This Safe Moving & Handling course is designed for all Industries with International standards applied, this course is suitable for students with no prior knowledge in the practice.

Course Duration – 4 Hours – Classroom based

Other courses- Level 2 Safe Moving & Handling

Book this course at [info@tamkene.com](mailto:info@tamkene.com)



HABC Approved

Multi Lingual  
Instructors

Designed for the  
Oil & Gas Industry

Trained on site or  
at the Tamkene  
Center

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